ASSET CLASS RETURNS							
Asset Class	Ticker	1M	3M	12M	3Y	5Y	10Y
US Large Cap Equities	SPY	0.20%	6.24%	14.80%	20.43%	15.15%	14.51%
US Large Cap Equities (C\$)	XUS.TO	(0.11%)	8.01%	14.38%	21.39%	16.65%	14.75%
US Small Cap Equities	IWM	1.02%	6.07%	3.96%	11.34%	7.88%	9.06%
Canadian Equities	XIC.TO	3.87%	10.52%	25.68%	18.81%	16.13%	12.13%
International Developed Equities (EAFE)	VEA	0.97%	5.37%	26.41%	15.95%	9.74%	8.17%
International Developed Equities (EAFE-C\$H)	VI.TO	0.67%	7.37%	21.36%	15.71%	12.85%	9.06%
Emerging Markets Broad	VWO	(1.22%)	5.92%	23.15%	13.70%	5.77%	7.74%
Emerging Markets Broad (C\$)	VEE.TO	(1.49%)	7.76%	22.21%	14.47%	6.72%	7.66%
Commodities	GSG	0.26%	2.20%	10.08%	2.53%	14.84%	4.14%
Gold	GLD	5.37%	21.95%	57.94%	33.02%	18.40%	14.30%
US REITs	VNQ	2.42%	(0.03%)	(3.23%)	5.54%	5.68%	5.57%
US Inflation Protected Bonds	TIP	0.22%	0.96%	5.59%	3.81%	1.22%	2.87%
US Total Bond Market	AGG	0.61%	2.37%	5.67%	4.38%	(0.38%)	1.95%
US IG Credit	LQD	0.93%	2.98%	5.79%	5.69%	(0.65%)	3.14%
US High Yield	JNK	0.82%	1.80%	7.17%	8.70%	4.07%	5.10%
Canadian Total Bond Market	XBB.TO	0.14%	3.01%	3.34%	4.36%	(0.08%)	2.03%
Canadian IG Credit	XCB.TO	0.10%	2.76%	5.09%	6.42%	1.65%	3.05%
US Long Term Treasury Bonds	TLT	0.27%	5.31%	0.26%	(0.49%)	(8.09%)	(0.31%)
Canadian Dollar	FXC	0.37%	(1.67%)	0.77%	0.16%	(0.68%)	(0.01%)
Hedge Funds	QAI	(0.09%)	2.43%	6.02%	7.85%	3.33%	3.09%

Source and Notes:

Return calculations performed by Anchor Pacific using FLARETM by Anchor Pacific Financial Risk Labs Ltd. based on monthly values sourced from Yahoo Finance, QuoteMedia, and Fundata. All returns greater than one month assume reinvestment of dividends.

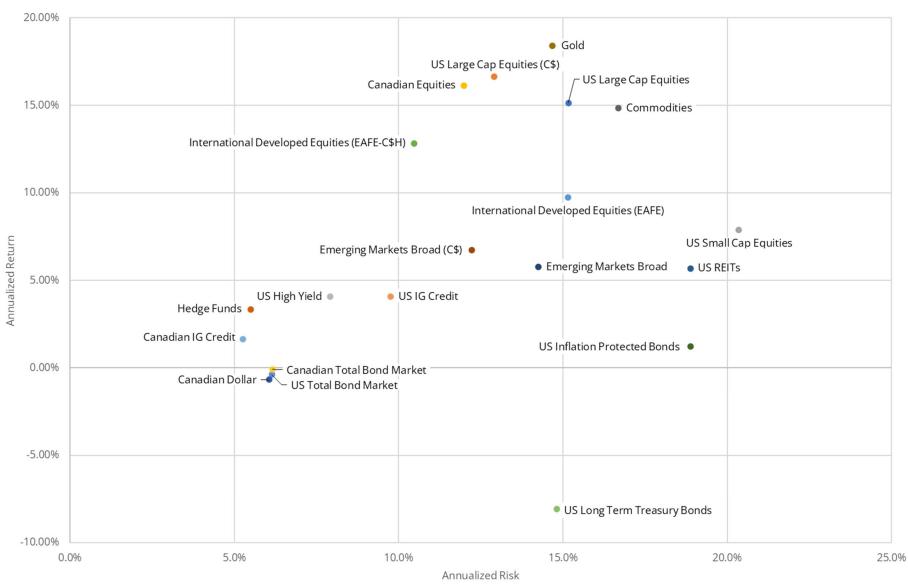
Risk measures the annualized standard deviation of monthly returns for 5 years based on the above data.

Returns are US\$ for SPY, IWM, VEA, VWO, GSG, TIP, AGG, JNK, LQD, TLT, FXC, QAI, and VNQ. Returns are C\$ for XUS.TO, XIC.TO, VI.TO, VEE.TO, XBB.TO, and XCB.TO. Please see disclaimer for further details.













KEY INDEX LEVELS AND RATES												
Index/Security	Nov 2025	1M Ago	3Ms Ago	6Ms Ago	12Ms Ago	1M Delta	3M Delta	6M Delta	12M Delta			
S&P 500	6,849.09	6,840.20	6,460.26	5,911.69	6,032.38	0.13%	6.02%	15.86%	13.54%			
S&P/TSX Composite	31,382.78	30,260.74	28,564.45	26,175.05	25,648.00	3.71%	9.87%	19.90%	22.36%			
5Y US Gov Bond Yield	3.59	3.71	3.68	3.96	4.05	(12 bps)	(9 bps)	(37 bps)	(46 bps)			
5Y Canadian Gov Bond Yield	2.73	2.70	2.88	2.80	2.95	3 bps	(16 bps)	(7 bps)	(22 bps)			
10Y US Gov Bond Yield	4.02	4.11	4.23	4.41	4.18	(9 bps)	(21 bps)	(39 bps)	(16 bps)			
10Y Canadian Gov Bond Yield	3.15	3.12	3.38	3.20	3.09	3 bps	(22 bps)	(5 bps)	7 bps			
30Y US Gov Bond Yield	4.67	4.67	4.92	4.92	4.36	bps	(25 bps)	(25 bps)	31 bps			
30Y Canadian Gov Bond Yield	3.60	3.58	3.82	3.48	3.14	2 bps	(23 bps)	12 bps	46 bps			
US Bond Yield Curve (3m -10y)	0.14	0.22	0.00	0.05	-0.40	(8 bps)	14 bps	9 bps	54 bps			
US High Yield (Option Adjusted Spread)	2.92	2.94	2.84	3.32	2.74	(2 bps)	8 bps	(40 bps)	18 bps			
USD/CAD	\$1.40	\$1.40	\$1.37	\$1.37	\$1.40	(0.26%)	1.67%	1.70%	(0.20%)			
USD/Euro	€ 0.86	€ 0.87	€ 0.86	€ 0.88	€ 0.95	(0.52%)	0.77%	(2.13%)	(8.79%)			
USD/Yen	¥156.18	¥154.01	¥147.05	¥144.06	¥149.75	1.41%	6.21%	8.41%	4.29%			
Gold	\$4,254.90	\$3,996.50	\$3,512.00	\$3,315.40	\$2,669.00	6.47%	21.15%	28.34%	59.42%			
Oil (WTI)	\$58.55	\$60.98	\$64.01	\$60.79	\$67.72	(3.98%)	(8.53%)	(3.68%)	(13.54%)			
CBOE Volatility Index (VIX)	16.35	17.44	15.36	18.57	13.51	(6.25%)	6.45%	(11.95%)	21.02%			

Source and Notes:

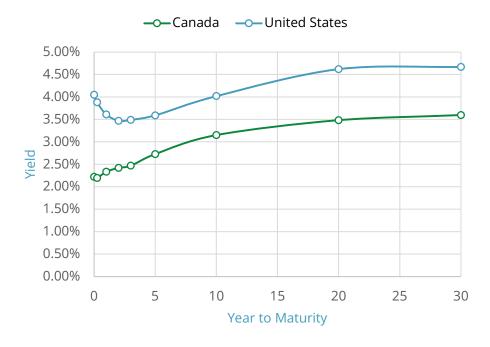
FLARE™ by Anchor Pacific Financial Risk Labs Ltd., Yahoo Finance, QuoteMedia, Fundata Canada Inc., investing.com, US Department of the Treasury (https://www.treasury.gov/resource-center/data-chart-center/interestrates/), and Federal Reserve Bank of St. Louis Economic Research (FRED) (https://fred.stlouisfed.org/)
Please see disclaimer for further details.





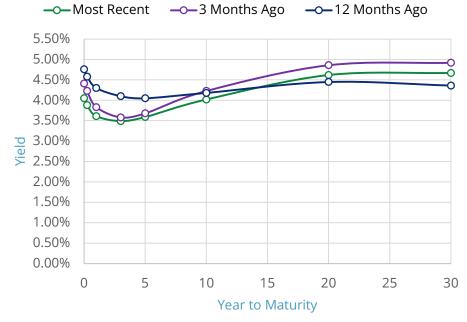
Government Bond Yield Curves

As of November 30, 2025



US Government Bond Yield Curves

Then and Now



Source and Notes:

Yield curves are calculated for Canada based on data provided by investing.com for 1 month, 3 months, 1 year, 3 years, 5 years, 10 years, 20 years, and 30 years.

Yield curves are calculated for the US based on data provided by the US Department of the Treasury's website (https://www.treasury.gov/resource-center/data-chart-center/interest-rates/) for 1 month, 3 months, 1 years, 5 years, 10 years, 20 years, and 30 years.

DISCLAIMER

Anchor Pacific Investments ("Anchor Pacific") is a trade name of Aligned Capital Partners Inc. ("ACPI"). ACPI is regulated by the Canadian Investment Regulatory Organization (www.ciro.ca) and a Member of the Canadian Investor Protection Fund (www.cipf.ca).

This publication is for informational purposes only and shall not be construed to constitute any form of investment advice, offer or solicitation to buy or sell any investment fund, security or other product or service. The views expressed are those of the author and may not necessarily be those of ACPI. Opinions expressed are as of the date of this publication and are subject to change without notice. Information has been compiled from sources believed to be reliable. This publication has been prepared for general circulation and without regard to the individual financial circumstances and objectives of persons who receive it. You should not act or rely on the information without seeking the advice of an appropriate professional.

Past performance is not indicative of future performance, future returns are not guaranteed, and a loss of principal may occur. Content may not be reproduced or copied by any means without the prior consent of Anchor Pacific and ACPI.



